

Programme guidance for specialist Sexual Abuse and Exploitation charities 2023/2024

Thank you for taking the time to understand whether we're the right funder for your charity.

Please read this document before you start your application, as it explains who and what we fund, as well as how we make decisions. This guide has 7 sections:

- 1 Background
- 2 Number of grants to be awarded
- 3 Deadlines for funding applications
- 4 Initial eligibility criteria
- 5 Programme criteria
- 6 Shortlisting, and prioritising criteria
- 7 What we don't fund under this Programme

[Frequently Asked Questions](#)

Hopefully, it tells you everything you need to know about us, but if you still have any questions, please email us at enquiries@lloydsbankfoundation.org.uk or call us on 0370 411 1223 before starting your application.

Wishing you every success with your work,

Lloyds Bank Foundation for England and Wales

1. Background

We are committed to supporting charities which help people who experience complex issues that don't have simple solutions, such as homelessness, domestic abuse and addiction. These complex issues make life much harder for people; deepening trauma, impacting their health, leading to poverty and destitution, and preventing people from being able to fulfil their potential.

We believe small, local and specialist charities play a unique role in helping people rebuild their lives. Their size and deep understanding of the complex issues people face makes them best placed to reach, engage and support people and make an impact.

We want to ensure that the small and local charities we support can thrive beyond the lifetime of our funding. Our programmes combine unrestricted funding with a breadth of tailored support aimed at helping strengthen charities and build the knowledge, skills and capabilities of staff and trustees. Therefore, this programme is aimed at charities that prioritise their development.

We know that there are many charities that address a broad range of complex issues within a local community. However, under this programme, we want to support charities where the focus and majority of their work is to address one of the eight issues (themes).

2. Number of grants we will award

We receive more applications than we are able to fund in any one year.

Under this funding programme in 2022/2023, we awarded 82 grants totalling £6.15m across the eight themes.

We received 280 applications across all eight themes, of which 171 (61%) met our initial eligibility criteria. Of those 171 charities, we funded 82 grants (48% of the eligible applications).

The success rate varied considerably across each of the themes. Under the Sexual Abuse and Exploitation theme we received 19 eligible applications of which 10 were funded (a success rate of 53%).

For this 2023/24 programme, we will be awarding 84 grants in total. We expect that around 10 of these will be awarded to Sexual Abuse and Exploitation charities.



3. Deadlines for funding applications

The deadline for receiving applications is **Thursday, 25 January 2024** at 5pm.

You will be informed of the outcome of your application by **Friday, 24 May 2024**.

4. Initial eligibility criteria

To be eligible to apply for a grant from us, your charity needs to meet all the following criteria:

- **Be registered as a charity or as a charitable incorporated organisation (CIO)** with the Charity Commission. We will ask for your charity registration number at the start of your application.
- **Have at least one set of annual accounts showing as ‘received’** on the Charity Commission website, covering a twelve-month operating period.
- **Have an annual income of between £25,000 and £500,000** in your last accounts published on the Charity Commission website. This is total income and, in the case of consolidated accounts, should cover all entities within those accounts.
- **Have a bank account in the name of the charity** with unrelated signatories. If the application is successful, the grant must be paid into this account.
- Have a **Board of at least three trustees** in place who are **not related to other Board members** and have their names appearing on your Charity Commission records.
- The majority of people in positions of power (including trustees, the CEO and senior managers) must not be related nor live at the same address. Where there are related parties, we will consider the relationship, conflicts of interest and loyalty, the balance of power of the related trustees, and how this is managed.
- **Not make any payments to trustees**, except for out-of-pocket expenses.
- **Have a track record of delivering services, for at least one year, to people aged 18 and over.** You must also currently be delivering these services. If your charity has recently merged, then this must apply to at least one charity pre-merger.



- **Have a safeguarding policy in place.** We will explore what safeguarding means to your organisation, how it fits with your mission and values and your approach to safeguarding across your organisation.
- **Hold Public Liability Insurance.**
- **Be an independent organisation.** We will look at any formal associations you have with other organisations, parent bodies, or group structures. We will check that the board of the applicant charity has full control over its work and any conflicts of interest.
- If you have a **live grant** with Lloyds Bank Foundation, it must end before **25th January 2025**.
- **Operate mainly in England and/or Wales.** Most of your charity's time and money is spent on activities in England and/or Wales and helping people living in England and/or Wales.
- **Not include religious activity** as a part of the services delivered unless the charity has been established to support people specifically of that faith.
- Meet the programme criteria outlined below:

5. Programme criteria for specialist sexual abuse and exploitation charities

You must meet this programme criteria to be considered for funding.

The main purpose of your charity is to support people who are survivors of sexual abuse and exploitation where their experiences significantly impact on their everyday lives.

It must be clearly evidenced that your main purpose, and the majority of your work, is to support people experiencing sexual abuse and exploitation.

Your charity will support people who have experienced actual or threatened physical intrusion of a sexual nature, whether by force or under unequal or coercive conditions. It includes sexual slavery, pornography, and sexual assault. Or the actual or attempted abuse of a position of vulnerability, power, or trust, for sexual purposes, including, but not limited to, profiting monetarily, socially or politically from the sexual exploitation of another.

You will provide a range of interventions, relationships and pathways to access specialist support in response to other complex issues they are facing.

We will fund the following types of work:

- Services for survivors of sexual abuse (e.g., physical and/or online)
- Services for survivors of sexual violence
- Services for sex workers
- Support for survivors of so-called honour-based violence
- Support for survivors of Female genital mutilation/cutting (FGM/C)
- Work with victims who are also perpetrators
- Work with perpetrators to safely reintegrate into society after a custodial sentence

This must be reflected in the stated objectives within your governing document on the Charity Commission website, your annual report, your website and your social media channels. This is what we will review to understand your purpose.

As a specialist charity, you can demonstrate the following:

- **In-depth services.** We will consider applications where short-term support leads to continued engagement. For example, you may provide an online helpline which would lead to a person accessing therapeutic support aimed at helping them address their trauma. We would expect to see one-to-one therapeutic and practical support by specialist practitioners, combined with external supervision. If you provide counselling as part of your services, you must hold registration with one of the Professional Standards Authority accredited registers for counselling and psychotherapy. We **do not fund** organisations that provide group therapy for survivors of rape as there is some evidence to show this can be re-traumatising and can create false memories which may have implications for the criminal justice process. We **do not fund** one-off support where there is no long-term relationship.
- **Trusted relationships or partnerships.** We know that, as a single charity or service, you can't be expected to meet all the needs of the people you support directly; however, you should have trusted relationships with providers or agencies which can help people to overcome the challenges they face and meet their basic needs, (like benefits, health care, domestic abuse services, etc.). When you refer someone for support, you maintain your relationship with them and track their progress to ensure their needs are being addressed. This would include access to an ISVA



(Independent Sexual Violence Adviser) service, working with police and criminal justice agencies and the MARAC (multi-agency risk assessment conference), as well as local agencies like housing.

- **Person-centred services** and personal plans. We will support charities that structure their support around each individual focusing on their strengths while meeting their needs and helping them to overcome the barriers they are experiencing.

You will work together with the people you support to understand the challenges they may be experiencing and agree on how you will help them find a way to overcome them. You will keep written or electronic records or case files of each person you are supporting, noting progress against activities. Your charity should be able to demonstrate the difference you are making through these records. We will also explore during the assessment how you share information with other agencies to minimise the trauma of a person recounting their experience multiple times.

6. Shortlisting and prioritising criteria

In addition to the basic eligibility criteria and the programme criteria already outlined, when shortlisting organisations we will consider how well they meet the following prioritisation criteria:

✔ **Your approach to equity, diversity and inclusion**

We know that some people face discrimination because of who they are. This might be due to their age, disability, gender reassignment, race, religion or belief, sex, sexual orientation, poverty, social class or being rurally isolated.

We know that we don't all have the same opportunities and therefore charities need to acknowledge this and adjust support and access to services accordingly.



We want to partner with charities that show they:

- understand the makeup of the communities they support and work with.
- recognise the people in those communities who experience inequity
- proactively reach and engage with people to address the inequity they experience.
- are inclusive and make people feel welcomed, valued and that they belong.

We are not looking for perfection but want to understand your approach and thinking around ensuring you support people who have faced barriers and inequity.

EXAMPLE: A Manchester based charity ensures that its information, publicity, website and social media are accessible and they provide information in different languages. They use interpreters, and signers where needed.

The charity provides culturally competent support to people from a minoritised community where Female genital mutilation/cutting (FGM/C) was practised. It has also developed detailed Media Guidelines for journalists (and others) not only to understand the issues of honour based violence and harmful practices but to also support them in communicating sensitively with survivors.

One of their ambassadors is partially-sighted, and has been actively supporting them to ensure the website and resources are accessible e.g. making their videos with both a voice recording and subtitles, and providing sign language as part of their events.

As an organisation, the charity continues to learn and develop to create an inclusive, supportive, appropriate and safe environment for all.

✔ **Involvement of people with lived experience of the issues you work to address**

We will prioritise charities that demonstrate that they involve people with lived experience in the leadership of your organisation and the design and delivery of your services. We will also prioritise charities that strongly demonstrate an ambition to develop their practice in this area.



By lived experience, we mean people who are directly affected by the issues your organisation is trying to tackle.

For example, a Sexual Abuse and Exploitation charity being led by people who have experienced sexual abuse and exploitation.

Your charity will be able to describe how the people it supports are meaningfully involved in decisions, internal and external influencing, civic engagement and/or governance roles. This could include information meetings, forums, or a steering/advisory group that plays a role in supporting the governance of the charity.

EXAMPLE: A Bristol-based charity has people who have experienced sexual abuse and exploitation within its Leadership and Therapeutic teams. Clients have shaped the development and delivery of their services by providing regular feedback, which is used to adapt their work. People with lived experience take part in the interview process and sit on interview panels

Its projects have a Members' Voice group that regularly discusses different aspects of the project and how it can be improved, helping influence and shape future activities. Some sessions are also led by members themselves.

The charity is actively recruiting trustees with lived experience to join the Board, and they recognise the value of having this expertise at a strategic level.

✔ **Understanding of trauma and strengths-based approaches**

Trauma-informed care is an approach which is adopted by an organisation to improve awareness of trauma and its impact on an individual's neurological, biological, psychological and social development, to ensure that the services provided offer effective support and, above all, that they do not re-traumatise those accessing or working in services.

To address the needs of people who have experienced sexual abuse and/or exploitation it is vitally important to appreciate the impact of the trauma they have experienced. We will partner with charities that understand the widespread impact of trauma, triggers, and symptoms of trauma in the people they support, and potential pathways for

recovery. This will also include the impact of direct and indirect trauma on staff and volunteers.

Support will include building positive relationships by placing individual needs at the heart of your support, helping them to build support networks outside of your charity, with a focus on identifying individual and personal strengths and goals, that helps people to take responsibility for their journey of recovery, giving them choice and control.

✔ **Organisational development support**

We want to help charities grow stronger and more resilient so they can thrive beyond the lifetime of our funding. We will focus on charities that can benefit the most from our organisational development support, and not just the unrestricted funding.

Therefore, we will only fund charities that can demonstrate an understanding of their own organisational challenges, have the interest and are willing to invest time and effort in owning and addressing these.

This will require the involvement of the charity's leaders and the Trustees and could be anything from improving governance, increasing diversity across the organisation or introducing a database. You can find out more about our approach on our website.

It is important to us that we develop a trusted relationship with you and your charity so that we can provide the support that is best suited to what you're looking to address. To do this we will speak to you or visit your charity a few times per year.

✔ **Geographical location**

We want to make sure that we are funding small specialist charities across England and Wales. In our 2023 programme for specialist charities, we invested less funding in **Wales, London, and the North East and South West regions of England**. Therefore, to address the imbalance, where there are comparable applications which meet the programme and prioritising criteria we will favour applications from Wales and these three regions.

7. What we don't fund under this programme

We do not provide funding for the following organisations:

- ✘ Community Interest Companies, or any other organisations that are not charities or CIOs registered in England and Wales.
- ✘ Infrastructure or 'umbrella' organisations.
- ✘ Organisations whose primary purpose is to give funds to individuals or other organisations. This means organisations that use more than 50% of their annual expenditure as grants.
- ✘ Charities working predominantly outside England and Wales.
- ✘ Organisations that require people to take part in a religious activity as part of the support provided. unless the charity has been established to support people specifically of that faith.
- ✘ Hospitals, health authorities, or hospices.
- ✘ Rescue services.
- ✘ Schools, colleges, or universities.